

Sample For Illustration

Schedule of Current Medications

Patient name: xyz

DOB: dd-mm-yyyy

This is an example of a dummy patient keeping a list of her medications with brand names & composition. The purpose is to easily track intake without missing any item. Especially useful while travelling.

Medicine Rx	Before Breakfast	After Breakfast	After Dinner	Purpose
NEXPRO 40 (Esomeprazole 40 mg)	1			Gastro
CARDACE H 10 mg (Ramipril 10 mg + Hydrochlorothiazide 12.5 mg)		1		B P
CARCA 6.25 mg (Carvedilol 6.25 mg)		1	1	Heart
KORANDIL 5 (Nicorandil 5 mg)		1	1	Heart
CARDACE 5 (Rimipril 5 mg)			1	BP
ROZALET 20 (Rosuvastatin 20 mg + Clopidogrel 75 mg)			1	Thinner /Cholesterol
ROLIFLO 2 (Tamsulosin 0.4 mg +Tolterodine 2mg)			1	Urinary

- Vitamin Supplement - Turmeric / Vit D / Multivitamin
- SOS: Gaviscon/ Unienzyme

Note: Make similar list based on your prescription

Patient For Patient Safety Foundation

