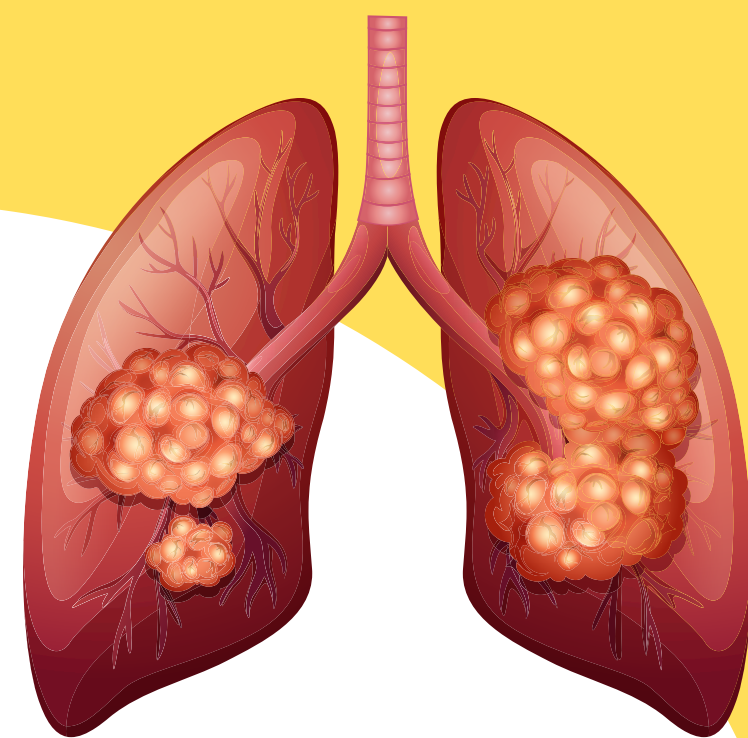


Lung Cancer

Uncontrolled growth of abnormal cells in the lungs, leading to the formation of tumours or masses of tissue.

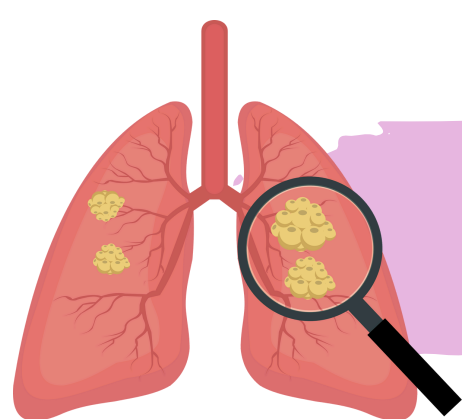


Symptoms

- Persistent cough that lasts over 3 weeks
- Chest pain, discomfort or Shortness of breath
- Coughing up blood
- Loss of appetite or unexplained weight loss and fatigue

Who is at risk ?

- Smokers & second hand exposure
- Exposure to harmful chemicals dust or fumes
- Family history or people over 60
- Having lung diseases such as COPD, TB, Fibrosis.



Preventive Measures



- **Do Not Ignore Symptoms.**
- **Quit smoking and avoid exposure** to second-hand smoke.
- **Limit exposure** to harmful substances or pollution at work
- **Get regular screenings** if you are at high risk (e.g., long-term smokers).
- **Stay active** and maintain a healthy diet.