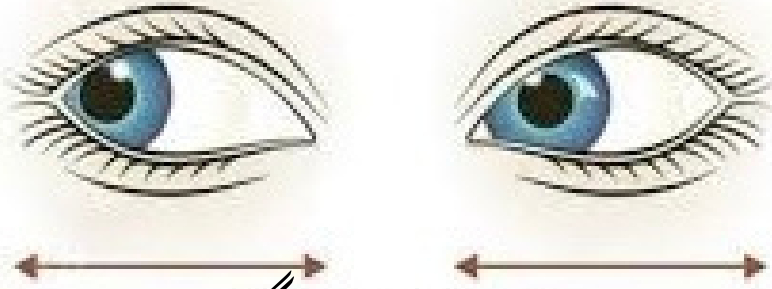
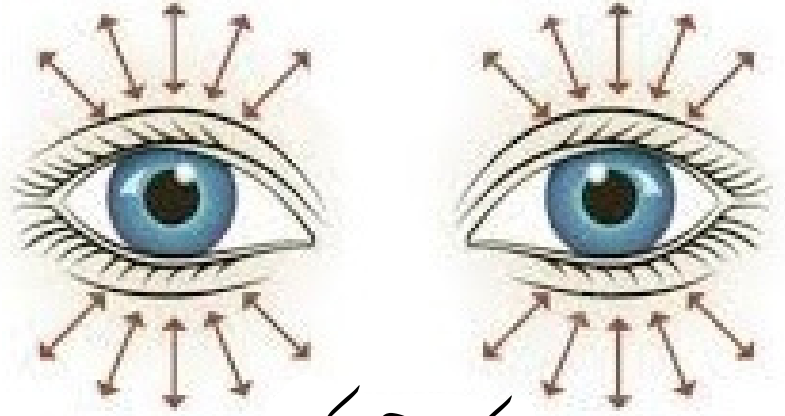


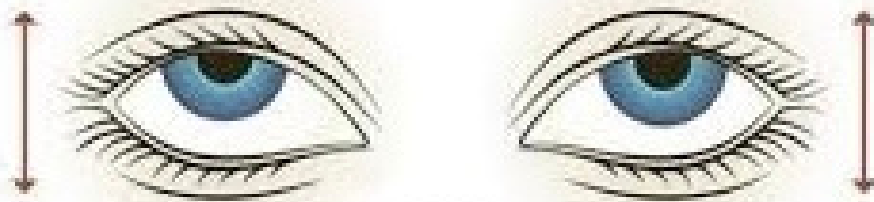
روزانہ آنکھوں کی ورزشیں (Daily Eye Exercises)



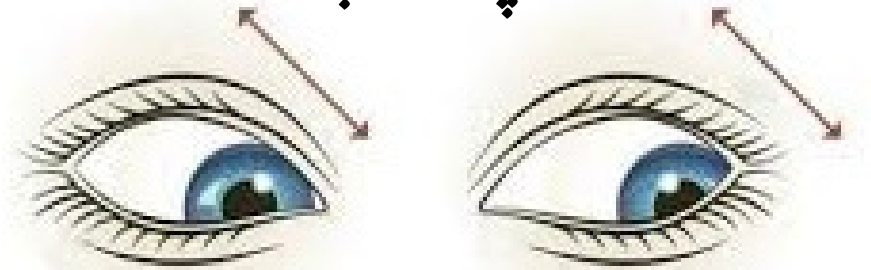
دائیں بائیں طرف گھمانا



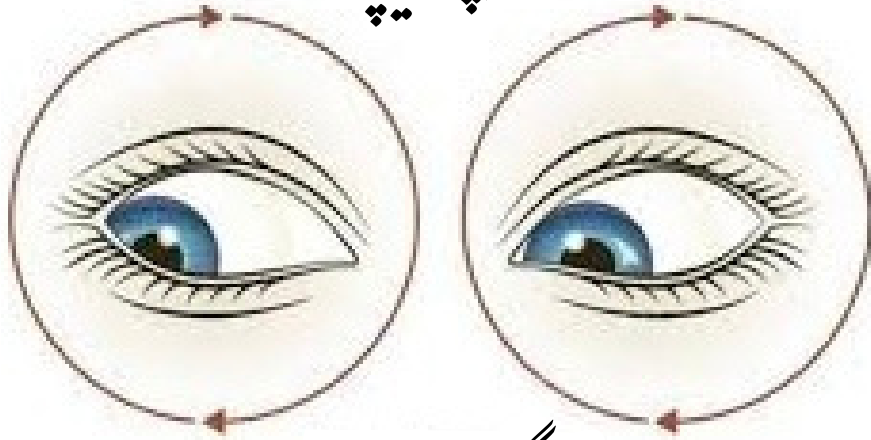
پلک جھپکنا



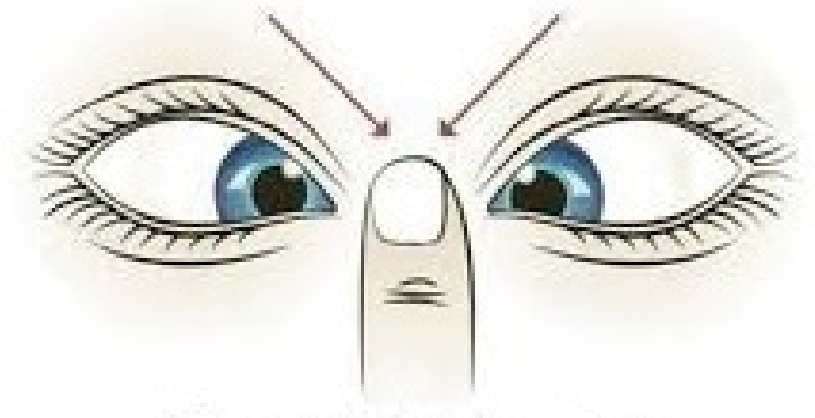
اوپر نیچے



سائیڈ ویز



گردشیں



ناک کی نوک جھانکنا

Patients for Patient Safety Foundation

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