

Symptoms of Thyroid Dysfunction

Hyperthyroidism



Anxiety



Tremors



**Irregular
heartbeat**



Weight loss



**Heat
intolerance**



**Thin &
brittle hair**



Bulging eyes



Insomnia

Hypothyroidism



**Fatigue &
weakness**



Weight gain



**Cold
intolerance**



Constipation



Dry skin & hair



**Slowed heart
rate**



**Depression or
mood swings**



**Memory
problems**