



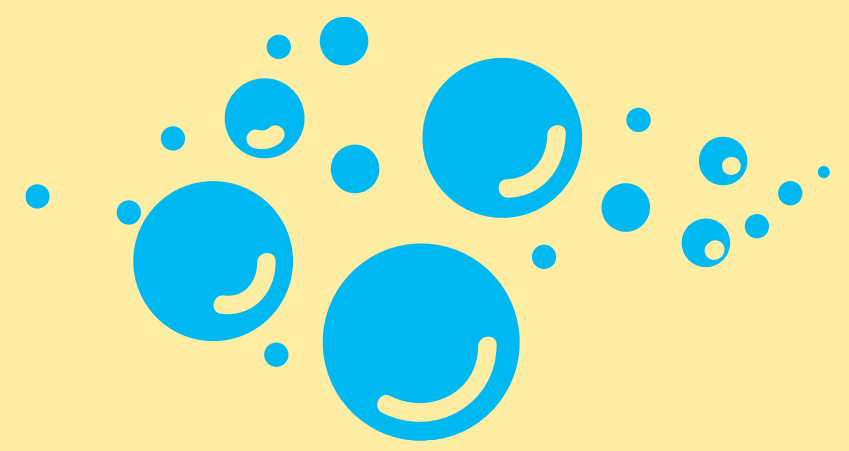
**Rub hands  
palm to palm**



**Lather between  
fingers**



**Scrub between  
your fingers**



**Rub the backs of  
fingers on the  
opposing palms**

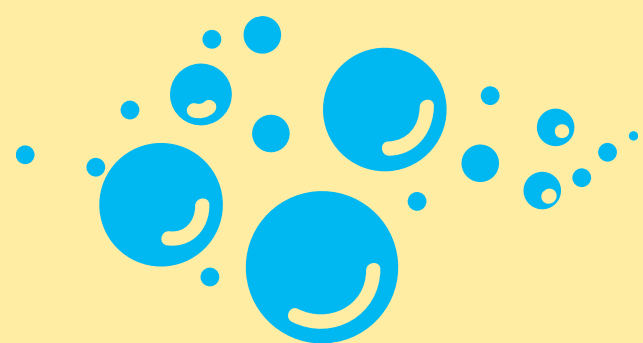
# Steps for washing Hands



**Clean thumbs**



**Wash fingernails  
and fingertips**



**Wipe your hands  
with clean towel/  
tissue**



**Rub each wrist  
with opposite  
hand**

