Medication Management For Elderly

Set alarms for reminders



On phone, clock to take medications as per schedule and set your timing around daily tasks like meals

Organize your daily medicines

Fill your pill box on weekly basis.
Check medicines stock periodically to re-order preferably from same pharmacy

Get Vaccinated

As this help boost immunity to fight dieseases in adults. Ask your doctor about type and timing of your prescription

Provide complete medical data to your doctor

Take copies of prescriptions, discharge summary, diagnosis tests and keep a family member or caregiver in the loop



