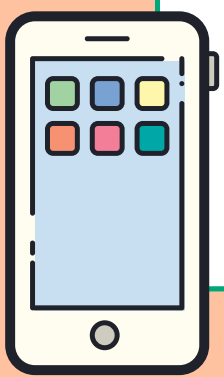


Medication Management For Elderly

Set alarms for reminders



On phone to take medications
as per schedule

Organize your daily medicines

- Use pill boxes & fill it every week.
- Check medicines stock periodically.
- Re-order preferably from same pharmacy



Get Vaccinated



This helps boost immunity to
fight diseases. Ask your doctor
about the type and schedule of
your prescription

Provide complete medical data to doctor

Take copies of prescriptions,
discharge summary, diagnosis tests
and keep a family member or
caregiver in the loop

