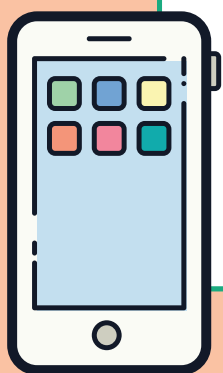


Medication Management For Elderly

Set alarms for reminders



On phone to take medications
as per schedule preferably
around meal time

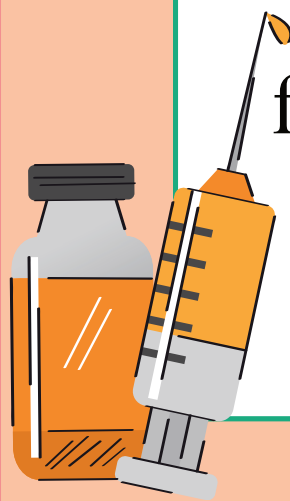
Organize your daily medicines

- Use pill boxes & fill it every week
- Check medicines stock periodically
- Re-order preferably from same pharmacy



Get Vaccinated

As this help boost immunity to
fight diseases in adults. Ask your
doctor about type and timing of
your prescription



Provide complete medical data to your doctor

Take copies of prescriptions,
discharge summary, diagnosis tests
and keep a family member or
caregiver in the loop

