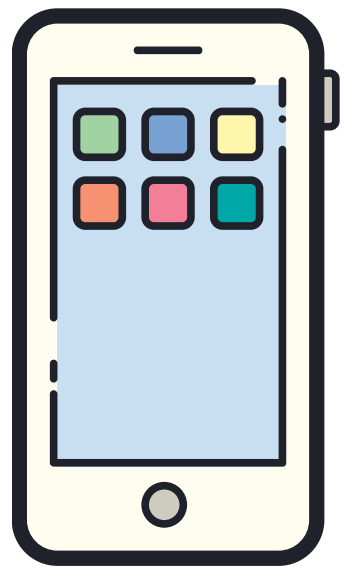


Medication Management For Elderly

Set Alarms for Reminders



On phone to take medications as per schedule.
No self medication

Organize Your Daily Medicines

Keep medicine list updated. Know your medication. Use pill boxes & check medicine stock periodically



Follow Vaccination Schedule



To boost immunity. Ask your doctor to make your vaccination schedule

Keep Medical Records Organised

Maintain copies of prescriptions, discharge summary, diagnosis tests & keep your caregiver informed



Stay Organised, Stay Safe — Keep Medicines & SOS Handy!