

## **Patient Rights**

## My Health My Responsibility

## Do you know you have rights as a patient?

Often we as patients do not realize our rights at the time of receiving medical care which is extremely useful to obtain the right attention, information, and optimum care. Being an alert patient will ensure that you take informed decisions and play an active role in your healthcare.

As a patient, you have the Right to:

- 1. **Be treated with respect, dignity**, courtesy and sensitivity by all healthcare providers and staff without any discrimination.
- 2. **Privacy and confidentiality.** Make sure that your medical information is kept confidential and viewed only by an authorized healthcare team and privacy is maintained during medical examination.
- 3. **Receive medical care** that meets proper standards of quality, safety and effectiveness.
- 4. **Be informed** by receiving complete and updated information about your health status, diagnosis, treatment options, treating team and expected outcomes. Do not hesitate to ask questions and request for a written diagnosis.
- 5. **Participate in decision-making** about your healthcare including informed consent for accepting or refusing treatment including discharge. When in doubt or for major decisions you have the right to take a second opinion.
- 6. **Be in a safe and secure environment** during your treatment or hospitalization. In case you feel that it is compromised you may take necessary actions.
- 7. Express concerns, complaints, provide feedback and share your experiences about care delivery, treatment, billing, auxiliary services, staff behavior in a constructive manner without fear of being discriminated against.

It is important that you use your rights optimally and responsibly.

## To know more:

- Patient Rights and Responsibilities Document in different Languages
- <u>Pledge to protect the Rights of Patient</u>

Your Health, Your Responsibility

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