

2.2 Patient Responsibilities

Subject: Be a responsible patient- Ensure optimum care

Dear Friends,

We all expect and deserve the best treatment from our doctors and hold them responsible for the outcome, assuming this as our right. But where do you stand in your responsibility as a patient?

Being a responsible patient helps the doctor, hospital staff, family and caregiver contribute to safer care and quick recovery. Following will help:

1. **Provide accurate and complete information to your doctor** about your medical history and reports, current symptoms, family history, any medications or supplements you are taking.
2. **Be informed, ask questions and clarify doubts** about your diagnosis, treatment options and any potential risks or side effects.
3. **Follow the treatment plan strictly:** Take medications as prescribed, do necessary diagnostic tests and attend follow-up appointments. Follow exercise and diet instructions. Inform your doctor about any kind of symptoms without delay. You are solely responsible for the adverse effects of your non-compliance.
4. **Respect your healthcare team and other patients** by being on time for appointments; notify your doctor in case you cannot make it. Communicate in a clear, courteous manner. Follow hospital regulations, limit visitors and be mindful not to cause harm to the hospital or other patient's property.
5. **Manage your medical expenses.** Your life is precious but depending on your illness, health care can be expensive. Understand the costs involved in advance, plan your insurance and finances, pay your bills promptly.
6. Your **lifestyle decisions will impact your well-being** and your health. You alone are responsible for making changes as required or prescribed.

To know more:

[*Patient Rights and Responsibilities Document in Different Languages*](#)

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Your Health, Your Responsibility

Yours Sincerely,

Som Mittal, Nadira Chaturvedi

Co-Chairs

Patients for Patient Safety Foundation

D-10 Nizamuddin East, New Delhi, India 110013

E-mail: Info@patientsforpatientsafety.in

Contact: +91- 9289696709