

Adults- Illustrative Vaccination Schedule (19-65 years or above)

To be prescribed by a Physician based on your medical condition

Disease	Vaccine	Schedule	Validity
Influenza	Flu	1 dose annually	1 year
Pneumonia	Pneumovax 23 PCV 23	2 doses (1 dose from 50-64 years of age and 2nd dose after 5 years of 1st dose	5 years
Herpes Zoster/ Shingles	Shingrix Vacc.	2 doses (after 50 years of age) Second dose 2-6 months after first dose	10 years
Tetanus, Diphtheria, Pertussis	Tdap	Once in 10 years	10 years
Typhoid	Conjugated vaccine Enteroshield or Tybar TCV	Once every 3 years	3 years
Cervical cancer	HPV	3 doses for females 1 at 19-26 years of age, 2 & 3 between 17-45 years with 0-6 months gap/apart . Same for men	Lifetime
Hepatitis A	Hep A	Strictly on Doctors advise A - 2 doses (from 19-65 years of age and above) if indicated	Lifetime
Hepatitis B	Hep B	B - 3 doses (from 19-65 years of age and above) if indicated	Lifetime

Caution: Please consult your doctor before taking any vaccine

Disclaimer: The above table has been created from source CDC

- [Recommended Adult Vaccination Schedule \(cdc\)](#)

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