

# Patients for Patient Safety Initiative

A patient focused program started by



Patients for Patient Safety Foundation (PFPSF)



[www.patientsforpatientsafety.in](http://www.patientsforpatientsafety.in)

Sponsored by -  **CAHO**  
COMMITTED TO SAFER HEALTHCARE

# Who are we

- **Patients for Patient Safety Foundation (PFPSF)** is a non-profit trust which aims to reduce medical harm that happens before, during or after treatment by involving patients/families and caregivers themselves. We are sponsored by CAHO and backed by over 400 hospitals and diagnostic centers in India. **We follow the 10-year Global Safety Plan 2020-2030** designed by the World Health Organization (**WHO**) for eliminating avoidable harm in healthcare.

## Why should you use it

**Patient safety** is the foundation of quality healthcare. In spite of best efforts of doctors, nurses and healthcare fraternity, harm still happens during treatment. Medical errors can be caused by patients or providers due to various factors

We believe that if patients/ caregiver communities actively participate in own care, we could reduce harm and improve patient safety. A well informed patient will be conscious about possible risks, watchful of symptoms, communicate clearly with provider and act/ respond quickly.

# What we do, Why

**Educate** and provide best practices & specific suggestions and health literacy to guide patients through a safe medical journey

**Highlight** Patient Rights, Responsibilities and Roles to enable active participation in own care

## **Patient Education Material in our Health Library\***

**Available in** text and graphical formats, audio, audio-visuals and short messages on both print and digital mediums (Available in English and regional languages).

**Accessible on** our Website, Emails, Whatsapp, Instagram, Facebook, Twitter, LinkedIn.

**Create awareness** about potential risks and causes of medical harm, for protection and prevention resulting in enhanced patient safety

**Offer actionable** advice, alerts, tips, checklists, guidelines for early detection and informed decision making

# At least **5** people die every minute due to unsafe medical care\*

## Did you know up to 50% of avoidable harm can be prevented

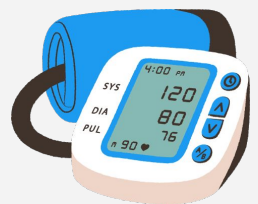
**1 in 10 patients** suffer harm during hospitalization



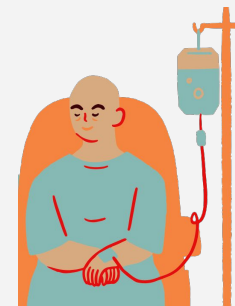
**Medication Errors** constitute 50% of avoidable harm



**Unsafe Surgical Practices** cause complications in 25% of patients



Inadequate cleaning, sterilization/calibration can lead to **Medical Device errors**



**In OPD 4 out of 10 patients** are harmed due to missed/incorrect diagnoses, medication and prescriptions errors

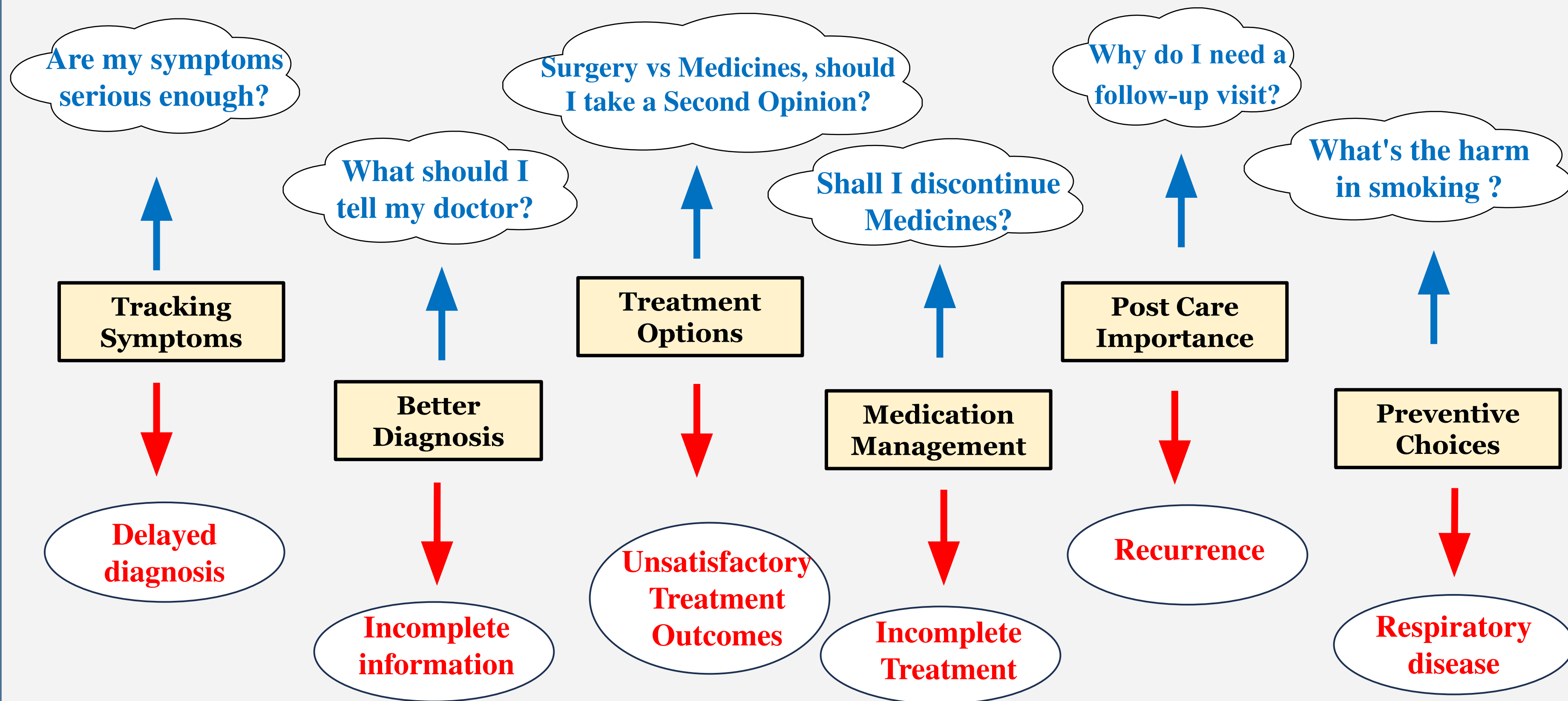


**Unsafe Transfusion/ Injection** practices can transmit infections such as HIV and Hepatitis

**Other causes** include Hospital Acquired Infections, Sepsis, Blood clots, Radiation errors, Fragmented care settings-change in doctors, hospitals, or transition to home care

**\*Source: WHO**

# Unanswered Doubts at different stages can cause **harm**?



**Ignorance, doctor is God-syndrome and lack of involvement by patients can lead to errors**

# Why is our Health Library\* content trustworthy

## Key features of content

- Aggregated from Global & National Healthcare resources
- Screened by Senior Subject Matter experts
- Customized to Indian context
- Simple, easy to understand in English and Regional languages
- Practical and actionable advice that patients/families can adopt

## Topics cover all stages of Patient Journey e.g.

- How to respond to Emergencies
- Benefits of selecting an Accredited Facility
- Preparation before visiting a Doctor
- When should I seek for Second Opinion
- How can a patient prevent errors in diagnosis
- Understanding common Abbreviations used in prescriptions and Diagnostic reports
- What is Medication Safety
- Understanding Discharge Summary
- How to choose a right Preventive health check-ups

# Patient engagement with patient education

## Preparation before visiting your Doctor

- ✓ Jot down your symptoms in detail
- ✓ Take your previous prescriptions
- ✓ Carry your latest test reports & current medication list
- ✓ Inform any allergies or relevant family history
- ✓ Prepare your questions; Take along a caregiver



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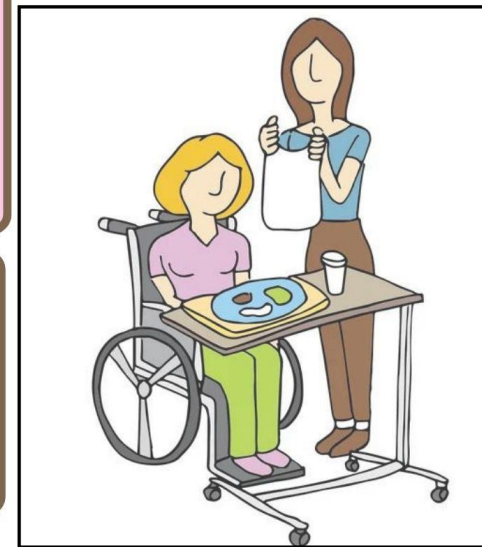
## Role of a Caregiver

**Communication & co-ordination** in follow-ups, medical tests, sharing symptoms and concerns with doctor

**Monitoring medication and treatment** by ensuring continuity as caregiver

**Providing personal care** like bathing, grooming, mobility and diet administration

**Giving emotional comfort and companionship** which helps reduce stress and therefore aids in recovery



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## Tips to Prevent Falls at Home



Install handrails near toilet seats and shower area, don't close the toilet door

Put a riser seat on the toilet

Add handrails on both sides of the stairs

Mark step edges with colored tape

Remove obstacles, extra furniture and foot mats from your path.

Keep frequently used items within reach

Keep your house well lit, easy to reach switches

Wear close-fitting slippers with non-slip soles



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# Who can use it

Anyone and everyone including both healthy and ill individuals, Patients, Families, Caregivers, Communities, NGOs and Healthcare providers

## How you can use this knowledge

- **Explore** our **Health Library** on the website -  
<https://www.patientsforpatientsafety.in/resources.php>
- **Subscribe** - to our newsletters for regular updates -
  - **Read** and **Save** for future reference.
  - **Share** with your networks, family/ friends
- **Use** our tips for safe care, **Verify** with your doctor if necessary.
- **Share** your medical experience or suggestion for future improvements  
[info@patientsforpatientsafety.in](mailto:info@patientsforpatientsafety.in)



# Thank You for joining Patient Safety Movement

- Ask Questions, Clear your doubts, Send us your feedback:

[info@patientsforpatientsafety.in](mailto:info@patientsforpatientsafety.in)

- Explore our website: [www.patientsforpatientsafety.in](http://www.patientsforpatientsafety.in)

- Follow us on social media

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pfpsfindia



patientsafety22



[+919289696709](tel:+919289696709)

**Patients for Patient Safety Foundation**

**Contact - 92896 96709**

D10 Ground Floor, Nizamuddin East, New Delhi, India, 110013